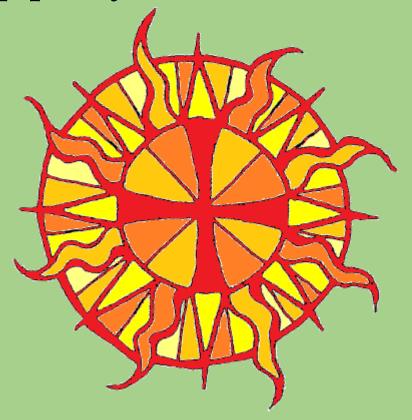
The Holy Eucharist

For the Fifth Sunday after the Epiphany & Annual Meeting



SEA Episcopal Church
5 February 2023

Welcome!

Welcome to SEA Episcopal Church, and to our worship this morning.

BCP numbers are page numbers in *The Book of Common Prayer* (red book).

Hymn numbers are found in *The Hymnal 1982* (blue book).

G&P numbers are found in *Glory & Praise* (green book).

Please participate in our service today as fully as you feel comfortable doing so. We encourage you to join with us in singing the hymns and songs. Any of the texts in **bold print** are intended to be responses from the entire congregation, so we invite you to add your voice to everyone else's at those points. In the Episcopal Church we often stand, sit, kneel, or use gestures (bowing, making the sign of the cross, etc.) in our prayers; please feel free to do what feels comfortable to you. If you need help finding where we are in the service, please ask someone nearby if they can help you, or ask the Usher.

Today is our Annual Meeting – a day when we take a look at our activities in the past year and conduct a bit of necessary business (voting for officers, previewing the budget, etc.). The Annual Meeting is also an exciting time to prepare ourselves mentally and spiritually for the work that lies ahead of us in the year we are beginning.

The words of our worship come from *The Book of Common Prayer*, which is our primary document for worship in The Episcopal Church. We also use some texts from *Enriching Our Worship*, which is an additional resource of the Episcopal Church that expands the language and images we use for God, for humanity, and for all of creation.

We are a "Prayer Book" people in the Episcopal Church. Our use of this booklet isn't an effort to take us away from the Book of Common Prayer, but to make it easier to navigate the order of worship. In fact, we encourage you to explore the depth of riches to be found in The Book of Common Prayer!

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The Holy Eucharist & Annual Meeting

Please stand in body or in spirit.

The Acclamation

Blessed be the one, holy, and living God. Glory to God for ever and ever.

There is one Body and one Spirit;
There is one hope in God's call to us;

One Lord, one Faith, one Baptism; One God and Father of all.

Then the Celebrant and People may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.



Words & Music "Gather Us In" by Marty Haugen (b.1950) Copyright © 1982 GIA Publications, Inc.

The Liturgy of the Word

Call to Order of the 2023 Annual Meeting

Diane FitzGibbon

Appointment of the Clerk to the Annual Meeting

Ray Driscoll

Approval of the 2022 Annual Meeting Minutes

Diane FitzGibbon

The Collect of the Day

The Lord be with you. **And also with you.**

Let us pray.

Silence.

God our rock and refuge: keep us safe in your care and strengthen us with your grace, that we may pray to you faithfully and love one another boldly, following the example of Jesus, who with you and the Holy Spirit lives for ever and ever. **Amen.**

The Senior Warden's Report

Diane FitzGibbon

A Reading from the Prophet Isaiah

Isaiah 58:1-12

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,

to the house of Jacob their sins.

Yet day after day they seek me

and delight to know my ways,

as if they were a nation that practiced righteousness and did not forsake the ordinance of their God;

they ask of me righteous judgments,

they delight to draw near to God.

"Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?"

Look, you serve your own interest on your fast day, and oppress all your workers.

Look, you fast only to quarrel and to fight and to strike with a wicked fist.

Such fasting as you do today will not make your voice heard on high.

Is such the fast that I choose, a day to humble oneself?

Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes?

Will you call this a fast, a day acceptable to the LORD?

Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,

to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry, and bring the homeless poor into your house;

when you see the naked, to cover them,

and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly;

your vindicator shall go before you,

the glory of the LORD shall be your rear guard.

Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.

The Word of the Lord. Thanks be to God.

Psalm 112:1-9

- Hallelujah!Happy are they who fear the Lord *and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; * the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, * and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; * the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending * and to manage their affairs with justice.
- 6 For they will never be shaken; * the righteous will be kept in everlasting remembrance.

- 7 They will not be afraid of any evil rumors; * their heart is right; they put their trust in the Lord.
- 8 Their heart is established and will not shrink, * until they see their desire upon their enemies.
- 9 They have given freely to the poor, * and their righteousness stands fast for ever; they will hold up their head with honor.

A Reading from First Corinthians

1 Corinthians 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" —

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

The Word of the Lord.

Thanks be to God.

Please stand, in body or in spirit.

Sequence

The Lord is my light

G&P 659

Gospel Reading

Matthew 5:13-20

The Holy Gospel of our Lord Jesus Christ according to Matthew. Glory to you, Lord Christ.

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord.

Praise to you, Lord Christ.

The Vicar's Report:

Sermon

You Are...

The Rev. David G. Smith

Silence for reflection follows the Sermon.

The Renewal of Baptismal Vows Please stand, in body or in spirit.

Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

I do.

Do you believe in God the Father?

I believe in God, the Father almighty, creator of heaven and earth.

Do you believe in Jesu Christ, the Son of God?

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Do you believe in God the Holy Spirit?

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

I will, with God's help.

Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

I will, with God's help.

Will you proclaim by word and example the Good News of God in Christ? I will, with God's help.

Will you seek and serve Christ in all persons, loving your neighbor as yourself?

I will, with God's help.

Will you strive for justice and peace among all people, and respect the dignity of every human being? I will, with God's help.

The celebrant concludes the Renewal of Vows as follows

May Almighty God, the Father of our Lord Jesus Christ, who has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. *Amen*.

The Prayers of the People: A Litany for the Mission of the Church

Holy God, in whom all things in heaven and earth have their being, **Have mercy on us.**

Jesus the Christ, through whom the world is reconciled to the Father, **Have mercy on us.**

Holy Spirit, whose glory fills the world and searches the depths of God, **Have mercy on us.**

Blessed Trinity, source of both unity and diversity, **Have mercy on us.**

From blind hearts and petty spirits, that refuse to see the need of all humankind for your love,

Savior, deliver us.

From pride, self-sufficiency and the unwillingness to admit our own need of your compassion,

Savior, deliver us.

From discouragement in the face of pain and disappointment, and from lack of persistence and thoroughness,

Savior, deliver us.

From ignorance, apathy, and complacency that prevent us from spreading the Gospel,

Savior, deliver us.

O God, we pray for the gifts of ministry.

Inspire our minds with a vision of your kingdom in this time and place.

Hear us, O Christ.

Touch our eyes, that we may see your glory in all creation.

Hear us, O Christ.

Touch our ears, that we may hear from every mouth the hunger for hope and stories of refreshment.

Hear us, O Christ.

Touch our lips, that we may tell in every tongue and dialect the wonderful works of God.

Hear us, O Christ.

Touch our hearts, that we may discern the mission to which you call us.

Hear us, O Christ.

Touch our feet, that we may take your Good News into our neighborhoods, communities, and all parts of the world.

Hear us, O Christ.

Touch our hands, that we may each accomplish the work you give us to do. **Hear us, O Christ.**

Strengthen and encourage all who minister in your name in lonely, dangerous and unresponsive places.

Hear us, O Christ.

Open the hearts and hands of many to support your Church in this and every place.

Hear us, O Christ.

The Celebrant concludes with a collect.

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

The Peace

The peace of Christ be always with you.

And also with you.

Please remember to **love your neighbor** by maintaining proper social distancing.

Treasurer's Report & Presentation of 2022 Budget

Ellen Jones

Presentation of Slate & Elections

Diane FitzGibbon

Announcements

Community Prayers

A Prayer for Birthdays

Watch over your children O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes all understanding abide all the days of their lives; through Christ our Lord. **Amen.**

A Prayer for Anniversaries

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and the Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord. **Amen.**

A Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; deliver them in safety to their destination; and bring them safely home again; through Jesus Christ our Lord. **Amen.**

Offertory Eternal light, shine in my heart Hymn 466



The Liturgy of the Table

The Great Thanksgiving Please stand, in body or in spirit.



The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:





Setting from A Community Mass, Richard Proulx (b. 1937).

The People may stand or kneel, in body or in spirit.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said,

"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said,

"Drink this, all of you: This is my Blood of the new Covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father, We remember his death, We proclaim his resurrection, We await his coming in glory.

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant.

Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, bring all things into the care of your Christ, and bring us to that heavenly country where, with _____ and all your saints, we may enter the everlasting heritage of all your children; through Jesus Christ our Lord, the first born of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

The Lord's Prayer

As our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

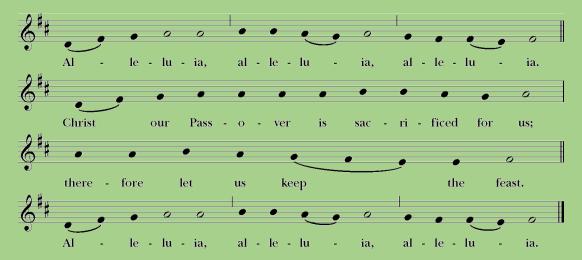
For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.



Music: From 'New Plainsong'; David Hurd (b. 1950) Used with permission: One License A-728955



The Communion

The Gifts of God for the People of God. All are welcome at God's table.

A Prayer for Spiritual Communion

For those unable to be in Church, this prayer may be said as an act of faith, knowing that the spiritual benefits of Communion are available to us even when we cannot receive it physically.

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim you resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually in my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life, and in the life to come. Amen.

~ Adapted from *The Prayer Book for the Armed Services*

Communion Hymn

Be thou my vision

Hymn 488

Prayer of Thanksgiving

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

A Blessing for the Fifth Sunday after the Epiphany

May God shake us out as salt to the earth to bring about the flavors of justice, truth, and kindness in the world. **Amen.**

May we, like Christ, be the light of the world, against which the darkness will never prevail. **Amen.**

May the Holy Spirit empower us to be willing agents of creative transformation, bringing about the kindom of heaven on earth. **Amen.**

And may the blessing of God – Father, Son, and Holy Spirit – be upon us, and those we are called to serve, from this day to the ages of ages. **Amen.**

Recessional This little light of mine Traditional Spiritual

- 1. This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let is shine, Let it shine, let it shine, let it shine!
- 2. Everywhere I go, I'm gonna let it shine...
- 3. All around the world, I'm gonna let it shine...

Adjournment of the 2023 Annual Meeting

Diane FitzGibbon

The Dismissal

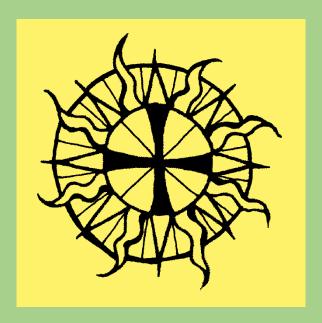
Let us go forth becoming Christ in the world. **Thanks be to God.**

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SEA EPISCOPAL CHURCH ANNOUNCEMENTS

5 FEBRUARY 2023

THE FIFTH SUNDAY AFTER THE EPIPHANY



SERVING TODAY AT 10:15 A.M.

Music Director & Musician Margaret Burke Dar Masamori Eucharistic Minister Lectors Karen Queally & Don Rogers Dar Masamori Intercessor Usher **Don Rogers** Online Chaplain Lou McAfee Altar Guild Many thanks to our Altar Guild Rev. David G. Smith Celebrant & Preacher

WHAT'S HAPPENING?

TODAY Is Sandwich Sunday!! Join us after Church in the Narthex and help us make lunches for our neighbors at Safe Harbor Shelter the first Sunday of every month.

Next Week, February 12, is SEA Church Founding Sunday!! This occasion is a celebration of the anniversary of when SEA Episcopal Church was formally named and recognized as a single Church of the Diocese of California. We hope that you will plan to be here to celebrate with us!

Lent Begins with Ash Wednesday on February 22... We will have celebrations of the Holy Eucharist with the Imposition of Ashes at 8am in the North Campus and at 12pm and 6pm at the South Campus.

Lenten Bible Study: Beginning March 1, at 7pm on the Wednesdays of Lent we will have a Bible Study exploring readings for the coming Sunday. This will be online; link will be shared in the weekly "News from the Pews" email.

READINGS FOR NEXT WEEK THE SIXTH SUNDAY AFTER THE EPIPHANY

Deuteronomy 30:15-20 Psalm 119:1-8 1 Corinthians 3:1-9 Matthew 5:21-37



DONATING TO SEA CHURCH

Using your Smartphone scan this QR Code to make a digital offering to SEA Episcopal Church. Your donation will be processed through SEA Episcopal Church's Tithe.ly account, ttps://tithe.ly/give_new/www/#/tithely/give-one-time/1380430, connecting you directly to Online Giving and presenting you

with options for pledging as well as one-time general donations. You will have the option of covering the small service fee. *Thank you for your gift.*

OUR PRAYER LIST

We refresh our Prayer List every 30 days or so. If your petition has come off and you'd like us to put it back in, please let us know. Thank you.

In our Diocesan Cycle of Prayer we pray for:

Bishop's Ranch Camp and Conference Center.

In our SEA Church Cycle we pray for:

All of us in our vocation and ministry, that we may truly and devoutly serve God by serving others.

For Healing & Wellness:

Brian Kerr, Margie's nephew/godson; Dennis Murphy, husband of Preschool teacher Ms. MaryJo; Jeanne McLaughlin; The Rev. Cn. Debbie Low-Skinner; Nancy Rauch; Melissa Wheeler; Hawk, Teresa, and the Scism Family; Karen Queally; Kusum Lata & Prem Chand; Margie's cousin, Paula, and her brother, Buzz; Diane's cousin, Paul; Jack Rauch; Marc Santoro; Lauren Eason, Jim & Barbara Eason, Lauren's parents; Becky's friend, Jim; Arletta Abernathy; Melissa's mother, Kimberly; Bob & Alison Wilson; Dorothy McAfee; Karen Queally's friend, Karen; Alison & Arturo's friend, Crissy; Anne Becker; and all who live with mental illness and those who care for them.

For those who are in danger:

For everyone with Covid-19; for the people of Ukraine, Syria, and any place with the violence of war; for all Refugees and Immigrants; for those deployed and facing military deployment.

For those who have died:

David Anderson, Sue McNaughton's brother.

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

LOOKING AHEAD...



Feb 05 – Annual Meeting and Sandwich Sunday

Feb 12 – SEA Church Founding Sunday

Feb 21 – Shrove Tuesday Pancake Supper

Feb 22 -- Ash Wednesday: Lent Begins

SEA EPISCOPAL CHURCH

One Congregation in two locations

The Rev. David Grant Smith, Vicar

North Campus: Sundays at 8:00 a.m.

280 Country Club Drive, South San Francisco, CA 94080

South Campus: Sundays at 10:15 a.m.

1600 Santa Lucia Avenue, San Bruno, CA 94066

seaepiscopal@gmail.com

(650) 583-6678

https://www.seaepiscopal.org

God driven. Community focused. Come grow with us. All are welcome.

SEA Church South Campus Office is open Monday - Thursday 1:00 pm to 4:00 pm.

Please feel free to stop in to pray in the sanctuary. You may also pick up a Sunday bulletin or *Forward Day by Day* during those hours.

For Pastoral Emergencies:

- During office hours, call: (650) 583-6678.
- During non-office hours, call (315) 521-8850