



AN ORDER OF NOONDAY PRAYER

WEDNESDAYS at SEA EPISCOPAL CHURCH

12:15 PM

Live streaming on Facebook

<https://www.facebook.com/StElizabetsSSF/>

One congregation, two locations

280 Country Club Dr. SSF, CA 94080

1600 Santa Lucia Ave. San Bruno, CA 9406

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia.

One or more of the following Psalms is sung or said. Other suitable selections include Psalms 19, 67, one or more sections of Psalm 119, or a selection from Psalms 120 through 133.

Psalm 119 Lucerna pedibus meis

105 Your word is a lantern to my feet * and a light upon my path.

106 I have sworn and am determined * to keep your righteous judgments.

107 I am deeply troubled; * preserve my life, O Lord, according to your word.

108 Accept, O Lord, the willing tribute of my lips, * and teach me your judgments.

109 My life is always in my hand, * yet I do not forget your law.

110 The wicked have set a trap for me, * but I have not strayed from your commandments.

111 Your decrees are my inheritance for ever; * truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes * for ever and to the end.

Psalm 121 Levavi oculos

1 I lift up my eyes to the hills; * from where is my help to come?

2 My help comes from the LORD, * the maker of heaven and earth.

3 He will not let your foot be moved * and he who watches over you will not fall asleep.

4 Behold, he who keeps watch over Israel * shall neither slumber nor sleep;

5 The Lord himself watches over you; * the Lord is your shade at your right hand,

6 So that the sun shall not strike you by day, * nor the moon by night.

7 The Lord shall preserve you from all evil; * it is he who shall keep you safe.

8 The Lord shall watch over your going out and your coming in, * from this time forth for evermore.

Psalm 126 In convertendo

1 When the Lord restored the fortunes of Zion, * then were we like those who dream.

2 Then was our mouth filled with laughter, * and our tongue with shouts of joy.

3 Then they said among the nations, * “The Lord has done great things for them.”

4 The Lord has done great things for us, * and we are glad indeed.

5 Restore our fortunes, O Lord, * like the watercourses of the Negev.

6 Those who sowed with tears * will reap with songs of joy.

7 Those who go out weeping, carrying the seed, * will come again with joy, shouldering their sheaves.

Psalm 125 *Qui confidunt*

- 1 Those who trust in the LORD are like Mount Zion, *
which cannot be moved, but stands fast for ever.
- 2 The hills stand about Jerusalem; *
so does the LORD stand round about his people,
from this time forth for evermore.
- 3 The scepter of the wicked shall not hold sway over
the land allotted to the just, *
so that the just shall not put their hands to evil.
- 4 Show your goodness, O LORD, to those who are
good *
and to those who are true of heart.
- 5 As for those who turn aside to crooked ways,
the LORD will lead them away with the evildoers; *
but peace be upon Israel.

Psalm 133 *Ecce, quam bonum!*

- 1 Oh, how good and pleasant it is, *
when brethren live together in unity!
- 2 It is like fine oil upon the head *
that runs down upon the beard,

- 3 Upon the beard of Aaron, *
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon *
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: *
life for evermore.

Psalm 122 *Lætatus sum*

- 1 I was glad when they said to me, *
"Let us go to the house of the LORD."
- 2 Now our feet are standing *
within your gates, O Jerusalem.
- 3 Jerusalem is built as a city *
that is at unity with itself;
- 4 To which the tribes go up,
the tribes of the LORD, *
the assembly of Israel,
to praise the Name of the LORD.

5 For there are the thrones of judgment, *
the thrones of the house of David.

6 Pray for the peace of Jerusalem: *
"May they prosper who love you.

7 Peace be within your walls *
and quietness within your towers.

8 For my brethren and companions' sake, *
I pray for your prosperity.

9 Because of the house of the LORD our God, *
I will seek to do you good."

At the end of the Psalms is sung or said

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

One of the following, or some other suitable passage of Scripture, is read

The love of God has been poured into our hearts through the Holy Spirit that has been given to us. *Romans 5:5*

People **Thanks be to God.**

or the following

If anyone is in Christ he is a new creation; the old has passed away, behold the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation. *2 Corinthians 5:17-18*

People **Thanks be to God.**

or this

From the rising of the sun to its setting my Name shall be great among the nations, and in every place incense shall be offered to my Name, and a pure offering; for my Name shall be great among the nations, says the Lord of Hosts. *Malachi 1:11*

People **Thanks be to God.**

A meditation, silent or spoken, may follow.

The Officiant then begins the Prayers

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

Officiant Lord, hear our prayer;

People **And let our cry come to you.**

Officiant Let us pray.

The Officiant then says one of the following Collect.

If desired, the Collect of the Day may be used.

Heavenly Father, send your Holy Spirit into our hearts,
to direct and rule us according to your will, to comfort

us in all our afflictions, to defend us from all error, and to lead us into all truth; through Jesus Christ our Lord. *Amen.*

Blessed Savior, at this hour you hung upon the cross, stretching out your loving arms: Grant that all the peoples of the earth may look to you and be saved; for your tender mercies' sake. *Amen.*

Almighty Savior, who at noonday called your servant Saint Paul to be an apostle to the Gentiles: We pray you to illumine the world with the radiance of your glory, that all nations may come and worship you; for you live and reign for ever and ever. *Amen.*

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever. *Amen.*

Intercessions

In peace, let us pray to the Lord, saying, "Lord, have mercy"

For the holy Church of God, that it may be filled with truth and love, and be found without fault at the day of your coming, we pray to you, O Lord.

Lord, have mercy.

For our Presiding Bishop, for our own Bishop(s), for all bishops and other ministers, and for all the holy people of God, we pray to you, O Lord.

Lord, have mercy.

For all who fear God and believe in you, Lord Christ, that our divisions may cease, and that all may be one as you and the Father are one, we pray to you, O Lord.

Lord, have mercy.

For the mission of the Church, that in faithful witness it may preach the Gospel to the ends of the earth, we pray to you, O Lord.

Lord, have mercy.

For the peace of the world, that a spirit of respect and forbearance may grow among nations and peoples, we pray to you, O Lord.

Lord, have mercy.

For those in positions of public trust, that they may serve justice, and promote the dignity and freedom of every person, we pray to you, O Lord.

Lord, have mercy.

For all who live and work in this community, we pray to you, O Lord.

Lord, have mercy.

For a blessing upon all human labor, and for the right use of the riches of creation, that the world may be freed from poverty, famine, and disaster, we pray to you, O Lord.

Lord, have mercy.

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all who are in danger; that they may be relieved and protected, we pray to you, O Lord.

Lord, have mercy.

For our enemies and those who wish us harm, and for all whom we have injured or offended, we pray to you, O Lord.

Lord, have mercy.

For all who have commended themselves to our

prayers; for our families, friends, and neighbors; that being freed from anxiety, they may live in joy, peace, and health, we pray to you, O Lord.

Lord, have mercy.

For all who have died in the communion of your Church, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal, we pray to you, O Lord.

Lord, have mercy.

For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and for ever. Amen.

Lord, hear our prayer.

And let our cry come unto you.

Let us pray.

Heavenly Father, send your Holy Spirit into our hearts, to direct and rule us according to your will, to comfort us in all our afflictions, to defend us from all error, and to lead us into all truth; through Jesus Christ our Lord. Amen.

Free intercessions may be offered.

The service concludes as follows

Officiant Let us bless the Lord.

People **Thanks be to God.**

WEEKDAYS AT SEA EPISCOPAL CHURCH
ZOOM ROOM PRAYER'FELLOWSHIP'STUDY



Let's
Come together!
during the week

Tuesday
Morning Prayer 8:00 AM
Preparing for Sunday: Readings Review and Discussion 11:00 AM

Wednesday
Noonday Prayer 12:15

Thursday
Sunday Lector Recording 6:30 PM

Thursday
Compline 8:30 PM

The Daily Office Lectionary Link <http://satucket.com/lectionary/>

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